



# 不是发疯

她，是义工。

但她不是在街上募款，而是在招募更多义工。

过路人，会理会她吗？

她能招募多少人？

还记得电影“Pay It Forward”的故事吗？小主人翁希望帮助三个人，而被帮助的人再帮助三个人，以此类推。

青年义工团体“心件工程”被电影启发，开始了“MAD”活动，目的就是要以义工的力量网罗更多的义工。主办者深信新加坡人并不是对社会漠不关心的，只是缺乏管道成为义工。这次活动便是要提供人们做义务工作的机会。

所谓“MAD”并不是发疯的意思，而是“Making A Difference”的简写，也就是制造一个不一样的意思。除了鼓励人们对社区做出贡献，也要以新颖方式吸引人们加入义工行列。

## 要有胆识会说话

从12月4日至新年除夕，乌节路上都有义工向人们介绍“MAD”活动，鼓励大家成为义工。心件的义工大多是学生，趁假期前来参与活动。林敏清（18岁，

工艺教育学院毕业）便是其中一名。

敏清一共做了8天的义工，每天8小时在乌节路上介绍MAD活动。她说要成为一名成功的激励者（Motivator），须要胆识过人，能言善道，才能成功游说陌生人成为义工。

敏清坦承自己在成为激励者前很害羞，不喜欢跟陌生人接触。但熟能生巧，习惯了工作，跟不认识的人解释MAD活动已变得很自然。

## 还要有“战略”

为了鼓励更多的人成为义工，激励者都有自己的“战略”。有的驻守人多的地方，有的像敏清一样，选择穿梭整条乌节路。采访当天，敏清从乌节路地铁站走到东凌坊，再走到文华大酒店。她并不觉得累，一路上还向30人介绍了MAD活动，但只有50%的人会停下脚步聆听，更少的人会当场答应成为义工。大多数人在她还



18岁的林敏清在乌节路上摆摊，整整8天每天8小时招募了多少义工呢？

# 义工找义工

没开口前，已绕道而行，有的则嫌她解说不清楚而拒绝，有的根本不想做义工。

敏清的情绪也会随人们的反应而波动，她说：“当人们冷漠时，我会感到灰意冷，自信心下降，但成功召到义工的喜悦，却足以弥补之前的委屈。”

## 自己就像信差

敏清对工作的热忱自然为她赢得不少知音人。钟苑菱（15岁，莱佛士女中）便是敏清找到的一名义工，她称赞敏清态度亲切，解释清晰。她也觉得这个活动有意义，所以才答应成为义工。

经过一个下午的努力，敏清一共找到7名义工。这些义工也承诺履行58小时的义务工作。

在为激励者工作做总结时，敏清把自己比喻成“信差”，告诉人们做义工的好处。你也想成为义工吗？可上[www.heartware.org](http://www.heartware.org)报名。

# 乌节“希望之园”开幕

新年新希望，“种”下一个希望，让新年有个值得奋斗的目标。

本着这个精神，乌节地铁站旁的乌节公园搭起“希望之园”，张贴多个激励人心奋斗向上的名人名言，四周草地也插着至少600个写上希望之语的小风车，象征着一朵朵绽放希望的花。

由心件工程青年慈善团体、实龙岗初级学院和国专长老会学校联合办的活动，昨天由社会发展与体育部兼教育部政务部长曾士生主持开幕。

“希望之园”开放

到下月16日，农历新年期间照常开放。

“希望之园”最吸引人的是一道张贴着15张名人名语的“希望之廊”，廊口是个巨型铜板，让公众“钻钱”（取其谐音“赚钱”），迎个好兆头。廊内张贴本地政治人物和名人的箴言名句，借以激励参观者积极向前。

此外，园中还有个“希望之泉”，希望借水运财。

活动负责人黄德宇受访时说，主办单位准备了1万个风车，让公众把希望写在上面，以插在乌节公园草地

上，象征着蕴育未来希望。当风吹动风车时，未来希望就开始转动。

黄德宇说：“只要定下目标和希望，种在肥沃的土壤上，奠下巩固的基础，选择时机运转，自然能有所获。”

主办当局也在现场辟设一片空地，免费让有意招聘员工的公司现场应征员工。

任何公司如有兴趣，可致电97336863联络黄德宇。

中区社区发展理事会也在现场分发有关社会福利奖学金计划册子，协助公众了解该计划。

## It Is Not What You Know But How You Know and Think

Idealism and pragmatism go 'live' in NUS campus radio forum

THE AIR OF ANTICIPATION was almost palpable as the radio crew gave the signal that "Campus on NewsRadio 938" was going 'live' to NUS. The Shaw Foundation Building seminar room was the hot spot to be that 27 February morning.

Right on cue, Augustine Anthuvan of MediaCorp Radio kicked off the second live radio forum at NUS. The topic this time was "Is knowledge useful if it is not used?"

On the panel were Associate Professor Eleanor Wong, Director, Legal Writing Programme, Faculty of Law; Associate Professor Peter Pang, Director, NUS University Scholars Programme; Dr Alex Kutlaca, Director and Consultant, Department of Geographical and Environment Studies, Adelaide University; and Mr Raymond Huang, Founding Chairman, Heartware Network and Council Member, National Youth Council.



Points and counterpoints abound on "Campus on NewsRadio 938" after forum speakers launched the discussion.

After the panel members gave their views, little encouragement was needed to engage the sizeable turnout of students in an intense and animated discussion. Faces were absorbed. Hands flew as questions shot from the floor. As a spirited exchange from the floor literally filled the air, opinions drawn along both pragmatic and idealistic lines were tossed up.

Assoc Prof Eleanor Wong had thrown down the gauntlet with her observation that good legal practice requires an interest in the entire human condition. She said: "Do we just teach about commercial transactions or do we also care about the philosophy of law? Do we insist that the only things that are useful to lawyers are law-related? Or do we acknowledge that the human condition is integral to legal practice, and therefore it's crucial for a lawyer to know poetry, for example?"

Assoc Prof Peter Pang then fired up the mood another notch, noting: "A university education is no longer to equip us with all the knowledge needed for a single lifelong vocation. Instead, we're expected to continue learning new knowledge and to apply it to an increasingly complex and globalised world."

Providing a non-academic perspective, Mr Raymond Huang, opined that "there is no knowledge that is not practical because the key thing is the discovery of the self." He added: "Should students study what they love? Well, I graduated with a degree in finance and ended up founding a youth network."

This brought School of Computing student Fenny Yap to her feet to ask: "How do you balance between this pressure from society and our wanting to become someone who loves what we are doing?"

Granting that, within the Singapore context, pragmatism often holds sway, Assoc Prof Wong had this to suggest: "For those of us who want to aspire to more than the practical and immediate, we should be looking at the longer term. And that's where not just the knowledge but the ability, the clarity and acuity of how you know, and how you learn, and how you think, and the energy and the excitement with which you approach each day is more important."

### What's Your Opinion?

"Campus on NewsRadio 938" is a series of four opinion forums jointly presented by NUS and MediaCorp Radio, and hosted by Augustine Anthuvan of Radio Singapore International. The station would like to give younger audiences a 'live' national platform, according to Mr Anthuvan.

The first forum, held at the Prince George's Park Residences Auditorium on 30 January 2004, centred around "Are the Humanities still relevant in the modern world?", and the third on 26 March considered "Is knowledge valuable if it is not profitable?"

Before the programme moves on to other educational institutions, the final forum will be held at NUS' Faculty of Arts & Social Sciences on 23 April from 9 - 10 am. The topic: "Is knowledge activated if it is not activist?" Or put in another way, "Should a university situate itself, and help its students situate themselves, in the larger social and political landscape of the country?"

Anyone for a 'live' challenge?

For more information, visit  
<http://www.mediacorporadio.com/newsradio/opinion.htm>

MAY 28, 2004

## NZ life-skills course for S'pore students

MRS Adriana Tong learnt to boil her first jug of water only when she left Singapore to live in New Zealand. She was 16 then.

Now 51, the investment banker wants to get students here to head to the mountains, rivers and forests there so that they can learn to be independent.

The idea is to teach them skills ranging from leadership to team-building over four days at Unitec, a technology institute in Auckland. They will then apply them at an outdoor training centre, where for six days they may learn to ski and snowboard, build a raft and sail it down a river, or organise a camping trip. Instructors at The Sir Edmund Hillary's Outdoor Pursuits Centre will guide the students.

Mrs Tong and former New Zealand prime minister Jenny Shipley were in the team promoting the EduVenture programme to Mr Chan Soo Sen, Minister of State (Education, and Community Development and Sports), and more than 50 teachers yesterday at the Raffles Town Club. Teachers said New Zealand as a school trip destination would be stimulating for students. But the cost, at about \$2,990 a head, was steep.

Youth charity Heartware Network said it would help equip the young to raise the funds on their own.



## 学生洗厕所培养责任感

学生洗厕所，培养责任感！

昨早，国专长老会中学的200名学生，却得提桶拿帚，在“专人”的指导下，在学校练习洗厕所！

一个由青少年组成的慈善团体——心伴工程，也将在这个星期五举行一个不一样的筹款活动——Flushing MAD (Making A Difference) Day。

这项由丹絨加东女校与国专长老会中学的学生

所策划的活动，旨在让2000名来自不同学校的学生义工学习清洗厕所，拥有另一种体验。

学生受访时说，这是一项非常有意义的活动。通过这项活动，他们可以尝试清洗厕所、了解清洁工人的辛苦。

另外，这项活动也设有筹款卡，让学生们在向家人、亲戚筹款后，帮他们清洗家里的厕所，以示回馈。





HOW HWEE YOUNG

## TEENS GET TOILET TRAINING

**STUDENT** Jeremy Keh (above) gets to grips with scrubbing a urinal as his school adopts a new approach to raising money for a youth charity.

The 14-year-old is one of about 200 secondary school students from Kuo Chuan Presbyterian who have volunteered to clean the school loos as a prelude to their flag

day next month, when they hope to collect \$150,000 for Heartware Network.

The students were given a two-hour lesson by volunteers from the Restroom Association of Singapore. It brought out unexpected enthusiasm from some as they were shown how to remove litter and hair, sanitise a toilet

bowl and scrub the floor.

"Washing a toilet is fun! I've never washed one before," said See Yi Qian, 15, a Secondary 3 student.

But association volunteer Tan Puay Hoon, 40, said most of the teens found the foul smell daunting. "Most have never washed a toilet and they went 'eww' all through the session."

# Foreigners also help boost safety here

TRAINING people how to respond in emergencies and look after their safety and security has had the added benefit of bonding the community, not just Singaporeans, but also others who live and work here.

Home Affairs Minister Wong Kan Seng lauded the self-help projects that have involved community leaders and residents 'working closely with officers from the Home Team to tackle a wide range of safety and security issues within their neighbourhoods'.



The Faber Hills project keeps the area crime-free, said Mr Chong (left), with committee secretary R. Raveendran. -- LIANHE ZAOBAO

Under the seven-year-old Community Safety and Security Programme, he noted, more than 900 such projects were implemented last year, covering such issues as counter-terrorism, crime and fire prevention, drug abuse prevention, protection against child abuse and family violence.

'I am pleased to note that besides the local community, foreigners living and working in Singapore have also become more involved,' he said last night.

The German School, he noted, with the help of the German Embassy and the Singapore Civil Defence Force, trained its staff and students in fire safety, basic first aid, and cardiopulmonary resuscitation (CPR) techniques.

Mr Wong was at a ceremony at the Grassroots Club in Ang Mo Kio to present awards for 18 projects that 'stood out for the encouragement of community self-help, and the direct impact they have on their communities'.

Recipients included Heartware Network, which trained 240 young people in emergency preparedness in a fun way at a camp last year, and a Faber Hills neighbourhood watch group, which mobilised as many as 70 domestic maids in private homes to help fight crime and keep the neighbourhood safe.

The area's neighbourhood committee chairman, Mr Chong Toh Kuan, said the project has kept the area crime-free and demonstrated the role foreigners play in neighbourhood security.



# HAVE A HEART

In an article published by The Straits Times on 28 July 2004, it was reported that there has been a "rise of 8 percentage points in youth volunteers as more organisations tap teens and young adults for charity work". This trend lends itself to the fact that the new generation of volunteer work has taken on a fun new slant, including lots of fun youth activities and services. So check out these three cool websites you can surf and gather more information on the various causes you can volunteer this holiday!

## www.science.edu.sg

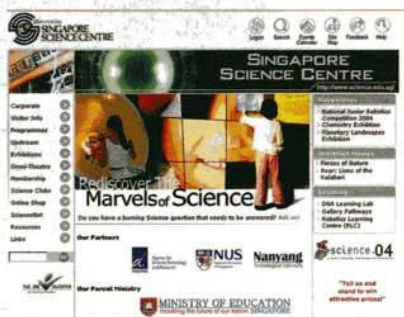
Here is a website that is more focused in its volunteering aspect. If you are an aspiring scientist, the Singapore Science Centre is looking for volunteers from the age of 14 years and above. Training is provided as you learn how to develop good interpersonal and communication skills, and this is your chance to put your scientific knowledge to good use. You can opt to be a volunteer explainer, where you interact with visitors to the Singapore Science Centre and make their trip an educational and enjoyable one; or you can be a student facilitator to mentor young students in science and expose them to the basic research of DNA science.

### Scientific Background

You do not need to have an academic scientific background to participate in this program – all you need is an enthusiastic and inquisitive mind, and of course a passion for science! This is a good chance to hone your people skills as well, since you will have to guide visitors around the Singapore Science Centre.

The site also features some volunteers' testimonials, and you can read for yourself how committing to a cause they love has enriched their lives. It is inspiring to read how

Instead of aimlessly frittering away the holidays, why not do something constructive with your spare time and volunteer your services? SERENA NARAIN takes a look at some websites that can point you in the right direction.



motivated some of these volunteers are, and hopefully it will inspire you to sign up for a worthwhile cause as well!

**Main Website**  
There are tons of pages for you to sift through in the main

## www.nvpc.org.sg

This site is a great jump start if you are keen on getting on the volunteering bandwagon. A brightly coloured web page greets you as you enter the domain, and you can find all the information you need about volunteering.

There are several suggestions of places or causes you can contribute your energy to, including a section on supporting your pet cause – a service that matches you to volunteering causes with animal welfare groups. Great for animal lovers!

If you feel that you need more guidance, you can also sign up for their Volunteer Orientation which gives you more information and tips about volunteer work. Their unique service, Volunteer eMatch, takes you through a list of questions about your

lifestyle and preferences to help you come up with an area that you are suitable for.

**Bulletin Board**  
Alternatively, you can also log onto their bulletin board which advertises for specific volunteer roles. Some of these places include



the Singapore Zoological Gardens and Children's Cancer Foundation. This site is a great pit stop for all those who have always wanted to learn more about volunteer work but did not know where and how to get started.

## www.heartware.org

This vibrant portal was created to promote community service, and for those seeking a more adventurous form of volunteering, this site highlights the more unconventional areas in which you can volunteer your services, such as helping to organise soccer tournaments.

There is a completed events section which reviews successful community drives, one of which is Mad Movement, where almost 300 secondary and tertiary youths approached people over the

festive season to imbibe the spirit of volunteerism in them.

### Stories From The Heart

Active volunteers have also shared their testimonials online so you can get a taste of what it entails. With such an informative hub developed, it is no wonder that Heartware Network has won a few accolades awarded by the Ministry of Home Affairs and Singapore CDC. Heartware Network is an informative and highly relevant site designed to capture and highlight the essence of community giving.

## 贴近年轻人 在快餐店举行对话会



50多名学生在麦当劳快餐店参加孟理齐次长主持的对话会，场面非常轻松活泼。

白沙购物中心的麦当劳快餐店，昨天下午聚集了50多名中学、初级学院及理工学院学生。他们可不是去用餐或结伴读书，而是参加一场对话会。

东南社区理事会及志愿团体“心伴工程”（Heartware Network）特地在麦当劳这个贴近年轻人的地方主办对话会，以让青少年在轻松自在的环境下，了解努力读书的重要，并鼓励他们发表心声。

对话会由卫生部兼社会发展、青年及体育部政务次长孟理齐博士主持。在两个

我认为在这里（麦当劳）进行对话会是有趣的概念，这里毕竟是年轻人的地盘，他们会感觉较自在，也敢发问和发表意见。

——孟理齐

小时交谈中，学生们积极发问，并表达对课业的看法。

孟理齐以亲身经验讲述努力读书的意义。他回答学生时相当幽默，引来不少的笑声和掌声，使场面非常轻松活泼。

他说：“我认为在这里（麦当劳）进行对话会是有趣的概念，这里毕竟是年轻人的地盘，他们会感觉较自在，也敢发问和发表意见。”

国专长老会中学中三生翁清溪说：“和一般对话会相比，这个对话会叫人感到轻松自在，我们没有心理障碍，感觉很好。”