



HEARTWARE
network

*Inspiring youths.
Developing community champions.*

Take Heart Transform Lives

HEARTWARE NETWORK
17th Anniversary Gala Dinner 2017

3 JULY 2017





Who We Are

Heartware Network (Est. 2000) is a registered society with the Registry of Societies, and a registered charity with Institution of Public Character (IPC) under the Commissioner of Charities (COC) from the Ministry of Culture, Community and Youth (MCCY).

We seek to instil positive values and build strong character in youth between the ages 14 and 35 years old.

We engage them to be resilient, innovative in serving others, and to be entrepreneurs rooted to Singapore as their home. We are also committed to transforming the lives of under-served children and youth by empowering them with greater confidence in their abilities so as to achieve a brighter future.

Our Key Thrusts

Youth Development

Inducting youth into the world of volunteerism by believing that they can “Make A Difference” through sustainable actions

Youth Leadership

Empowering and equipping youth with leadership skills to plan, lead, and execute large-scale community projects

Youth Entrepreneurship

Developing life skills for the workplace through entrepreneurship opportunities, instilling a "Can Do, Will Do" attitude

... If it is not from the heart, it is not worth doing ...



Take Heart Transform Lives

This July, Heartware Network celebrates its 17th year inspiring youths, developing community champions and transforming lives.

The theme for this gala dinner is '*Take Heart, Transform Lives*' – a sentiment that resonates deeply within our youth, who choose to find courage and resilience despite trying times. Through giving back to the community, they learn to rise above their circumstances and create positive change in the lives of the people they reach out to.

The funds raised during the dinner will be a vital contribution to sustaining the many meaningful and noteworthy activities at Heartware Network. Your generous contribution and support will render essential resources towards enriching our programmes, and harness youth energy in creating meaningful impact.



MS TAN SEE LENG

Executive Director of Heartware Network



Heartware Network turns 17 this year, and it is with such delight that I share with you how I have witnessed the growth of this youth charity thus far. Hailing from an auditing background, I first stepped into Heartware Network as a full-time volunteer before advancing to be a manager, and eventually the Executive Director.

It seems like quick progression over the course of 7 years, but the road has been undulating and at times, trying. Each year presents itself a unique mix of joys and challenges, but I have never given up in doing this. In so many ways, my own journey reflects the journeys of the countless volunteers who walked through Heartware Network's doors.

What you will find in this small booklet, and from the inspirational sharings throughout the night, is but a small dip in the ocean of personal tales on trials, character growth, and milestones achieved by our youth volunteers and their beneficiaries.

These experiences were made possible through the transformational platforms Heartware Network has laid out. Every programme is comprehensive and sustainable, and they emphasise a heart of giving



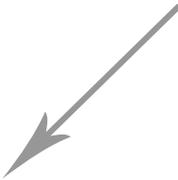
without seeking material gains. Be it serving under the hospitality management role in National events, providing free tuition to children from disadvantaged backgrounds, or providing cheery company to the elderly, our youth volunteers gain a most important lesson: No matter the difficulty, find courage, be resilient, and move forward. Look beyond the self, and rise above the circumstance. *Take Heart, and Transform Lives* – both your own and those around you.

Let this be a night where we can share the good things that come from perseverance and dedication, as well as celebrate all acts of giving that come from the Heart. Maintaining a momentum for growth and outreach is vital to serve as much of the community's needs. We are grateful for your generous support and recognition.

Thank you to our partners in the community who put trust in our work. Kudos, too, to our ever-growing pool of volunteers who drive our programmes to greater heights, along with our dedicated staff. We would also like to express our heartfelt gratitude to our Board Members, especially our Patron, Minister K. Shanmugam, and our two Advisors to the Board, Assoc. Prof. Ho Peng Kee and Mrs Yu-Foo Yee Shoon, for supporting us unconditionally. Together, we keep Heartware's family healthy and strong, and also continue to reach out and transform more lives.



In the last 3 years...



THROUGH THEIR ACTION



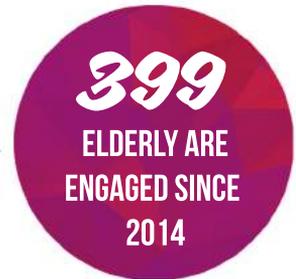
COMMUNITY

Heartware Network has built on sustained coordinated action to harness youth talent and potential, so as to reach out and make a positive impact to the community.



ELDERLY

Support Our Pioneers provides socio-emotional support to the elderly. With the youth volunteers in action, we hope to reduce the social cost associated with dementia treatment and care (estimated between **\$42,000** and **\$56,000** per person per year).



CHILDREN

Tuition Programme provides academic and moral support to children whose parents are incarcerated and/or from low-income families. This offsets the estimated social cost of **\$573,600** of commercial tuition otherwise forked out by the less privileged students (average tuition rate of **\$30** per hour for primary school students).





Youth Development

*“Making a difference in the lives of
children from disadvantaged
backgrounds”
with Tuition Programme*

“

I am still schooling. Some days, I work part time to pay off my tuition fees. It was not an easy decision for me to start volunteering despite heavy commitments, but I don't regret it. When the children understand the Math concepts I taught them, it felt really good because I could help them improve. This gave me more motivation and confidence in juggling my workload well.

”



*Yap Zhi Ling
Singapore Institute of Management*

*Tuition Programme
Volunteer Tutor in 2016
Volunteer Tutor Leader in 2017*

*National Day Parade
Volunteer Leader in 2016*

*Home Team Show and Festival
Youth Planning Committee in 2017*

Contributed 134 volunteer hours



Youth Development

For the young primary school students who lack home guidance, our volunteer tutors are role models. On top of academic pursuits, tutors and tutees often enjoy casual sharings that shed light on each others' lives and the challenges they face. Nothing beats watching the faces of the children light up, when they finally found the answers they were looking for.

The Tuition Programme reaches out to primary school children whose parents are incarcerated and/or from low income families. For these young primary school students who lack home guidance, our volunteer tutors are role models. Casual sharings amidst academic consultations often shed light on both tutors' and tutees' lives, and **create empathy** for one another. The weekly tuition sessions help nurture the primary school children's love for learning, and encourage them to envision a brighter future.





Youth Development

“Outdoing the self” with National Day Parade and Home Team Show and Festival Hospitality Management



I made a bold decision during my Junior College years to start volunteering with Heartware Network as part of the National Day Parade 2013 Youth Planning Committee (YPC©). It was a test of endurance as I tried to balance the demanding commitments of a YPC© member and the rigour of A level preparations. There were numerous setbacks but always there are lessons and skills to be reaped. The tough journey turned out to be so rewarding as I gained precious bonds with fellow volunteers from different walks of life and learnt a lot about event planning and hospitality management. Being part of this volunteer contingent affirmed my ability to adapt and unleash my potential! Tough times don't last; tough people do.



Foo Shun Rong
Nanyang Technological University

National Day Parade
Youth Planning Committee Mentor 2017
Youth Planning Committee 2016
Youth Planning Committee 2013

Youth Volunteer Council Member 2017

Contributed **462** volunteer hours



Youth Development

Heartware Network's Hospitality Management events typically house the greatest volume of volunteers. Though it may seem impossible to stand out in the sea of volunteers, these platforms are where many leaders come to be. Within the volunteer contingent exists different leadership tiers - all of which demands copious hours dedicated to planning and executing visions set by external parties. In 2016 alone, the **677**-strong pool of NDP Hospitality Management volunteers contributed a total of **47,917** hours, as they celebrated the historic moment with fellow Singaporeans at the newly-furbished National Stadium.





Youth Development

This year, our Hospitality Management volunteers were also engaged in the Home Team Show and Festival 2017, staged in conjunction with 50 years of National Service. The event showcases the work of the Home Team and rallies citizens to unite in keeping Singapore safe and secure. As the volunteers committed themselves to serving from the heart with their fellow teammates, they picked up life skills that helped overcome fears, and transformed them into confident leaders in their own right.



It was a great pleasure for us to have Heartware Network at the Home Team Show and Festival 2017 - an event that showcased the work of the Home Team, and how the Home Team and the community come together to keep our home safe and secure. Despite the short time, Heartware Network was able to mobilise and deploy close to 130 youth volunteers in various roles. The youth volunteers were passionate, committed, and contributed significantly to the success of the Home Team Show and Festival. Thank you, Heartware Network!



*Deputy Commissioner of Police (DCP) Lim Kok Thai
Chairman, Home Team Show and Festival Organising
Committee*



Youth Development

“Building compassion and empathy for the elderly”

with Support Our Pioneers



When I first met Mrs Zhong, I found her to be an amicable person with a warm personality. She maintains an active lifestyle in spite of her age, with her schedule packed all year round. She has her fair share of grievances and losses, but she still looks forward with a smile on her face. It taught me to keep up the positivity, come what may.



*Liow De Jun
Currently serving NS
Formerly from Victoria Junior College*

Support Our Pioneers
*Volunteer Leader in 2017
Youth Planning Committee in 2015*

National Day Parade
Facilitator 2016

Contributed 136 volunteer hours



Youth Development



For Mdm Tan, the weakness in her legs leaves her crawling on the floor as she moves around her small unit. She was housebound for years until our youth volunteers began visiting her and taking her out for walks around the neighbourhood. Despite her difficulties, Mdm Tan sports a cheerful smile, and her complexion is now more radiant with a little bit of sun.

Support our Pioneers bridges the intergenerational divide in ageing Singapore, and addresses the social and emotional needs of the elderly. The bi-monthly visitations by our volunteers breaks the everyday monotony for the elderly living alone. Heartfelt conversations connect the elderly to the outside world, and allow them to express themselves freely. In turn, stories by the elderly become valuable advice to our volunteers, who better appreciate life's vulnerabilities as they learn to cherish time.





Youth Leadership

“Building character in every under-served student”

with Heartware Character and Citizenship Education (HW-CCE) Leadership Programme



My family isn't well off financially, and my mother always reminds me to work hard and attend school. I try to do well in my studies so I can get bursary awards that pay for my expenses, and I won't have to rely on my parents too much. In 2015, I underwent the HW-CCE Leadership Programme, which led to me joining the aRWSome Apprenticeship. The apprenticeship taught me how to manage my time as I had to wake up at 5 am everyday. This trained me to be punctual for appointments, even if it is for simple meet-ups. I had never worked before this programme. It was an eye-opener, as I used to think little about what I am going to do. I have become more serious in the things I do. I hope to be a business man when I'm older.



*Eng Ming Yang Daniel
Serangoon Garden Secondary School
Beneficiary of
HW-CCE Leadership Programme 2015
and aRWSome Apprenticeship 2015*

Daniel recently received recognition for being the 1st in the GCE N(T) Level Examination in 2016, and listing under the School Advisory Committee (SAC) Merit Award during his school's Speech Day 2017.



Youth Leadership



My self-esteem has improved! I used to not be able to handle anything easily and think negatively all the time. This programme helped strengthen my character. I am thankful that it helped me develop my potential and I am thankful for everything that has happened.



*Nurul Ain Binte Omar
Fuchun Secondary School
Beneficiary of
HW-CCE Leadership Programme 2016*

The HW-CCE Leadership Programme is a curriculum catered to reach out to normal stream secondary school students from low-income families. It engages students to nurture a heart for community service, builds their character, and equips them with proper leadership and entrepreneurial skill sets to stand out admirably. The semester-long curriculum covers areas of self-discovery and improvement, servant leadership and teamwork, and project management. Through a healthy mix of psycho-education and experiential learning, the programme restores hope in pupils by helping them realise the confident, resilient leaders in themselves.





Youth Leadership

Another platform for these students to build character is through the ‘**We Love Our Teacher Project - Apple of My Eye**’, where students express their gratitude towards their teachers by presenting them with red apples in special gift wraps and customised notes over the Teachers’ Day Celebrations. These gifts show the teachers that they are truly the apple of the students’ eyes.





Youth Entrepreneurship

“An opportunity to be on an Asian platform to share about my business”
with Youth Business Singapore



“

I started Opcon Pte Ltd when the economy was down. I thought that starting a business might be more stable than working as an employee for a company, and not knowing whether my expertise would truly be needed. The startup journey was tough, and I even had to go on months without pay. I pressed on, and eventually my business picked up. I have benefitted much from YBS, with a good mentor who can impart valuable advice and provide wide networking opportunities, even overseas. My advice to young entrepreneurs is this:

Do not be afraid to fail. Be afraid not to try.

”

Mr Edwin Yeo
Managing Director & Founder of Opcon Pte Ltd
YBS Entrepreneur since 2009



Youth Entrepreneurship



Youth Business Singapore (YBS) is a youth business programme in which Heartware Network has been an accredited member of the Youth Business International network since 2009.

The Youth Business International global network operates in 46 countries, providing guidance and financial assistance to help aspiring entrepreneurs to launch their business.

YBS seeks to inspire and empower young entrepreneurs between ages 18 to 35 years old through providing mentorship to make their great business ideas happen, and to cultivate a culture of entrepreneurship in Singapore. YBS also offers networking opportunities on an Asian platform. In 2016, both Edwin Yeo and Woo Sze Ming represented Singapore to participate in the 3rd China Young Entrepreneurs & Innovation Competition in Shanghai.

Youth Business Singapore is partnering with Courts Asia Limited, where Courts has pledged to support YBS with SGD \$1 million to provide start-up loans to potential entrepreneurs or businesses requiring additional capital to scale up operations.



YBS has given me broad international exposure and helped me to understand how companies across the world are run. If I were to offer advice to aspiring entrepreneurs, I would tell them not to be afraid to take the first step!



*Woo Sze Ming
Founder of Gamurai
YBS Entrepreneur since 2013*



Our Sponsors

Heartware Network would like to extend our sincere gratitude and appreciation for your continuous support.

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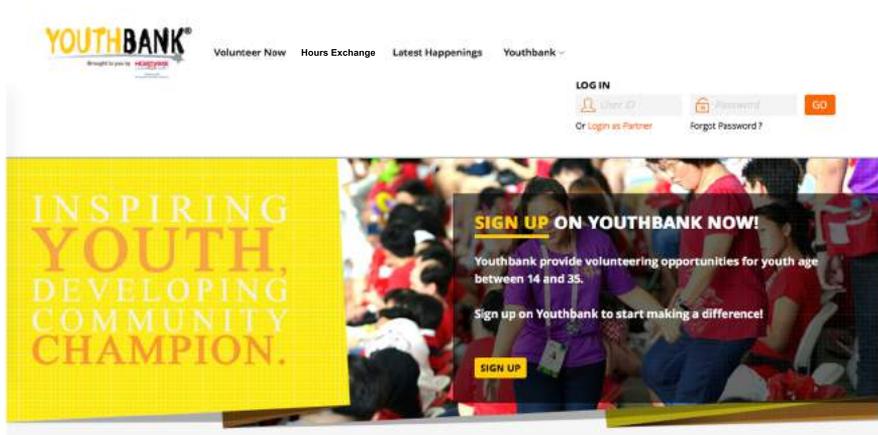
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Our heartfelt thanks to all supporters and donors whom we were unable to acknowledge at time of printing.



Youthbank

YOUTHBANK is Heartware Network's volunteer management system for volunteers involved in our Youth Development, Youth Leadership and Youth Entrepreneurship programmes.



It allows volunteers to 'deposit' their volunteering hours and also helps volunteer leaders to facilitate the recruitment, organisation, and management of volunteers for the various community projects.

Sign up with us today at
www.youthbank.sg

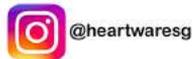
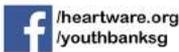


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